

CURRICULUM VITAE

**Dr. med. Ernst Schrott**  
Arzt für Naturheilverfahren  
Vorstand Deutsche Gesellschaft für Ayurveda  
Leiter Deutsche Ayurveda Akademie

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**EDUCATION**

**STUDY**

**Ludwig-Maximilians-Universität, München** 1972-1978

**DOCTOR OF MEDICINE**

**Ludwig-Maximilians-Universität, München** 1979

**MEDICAL RESIDENCY**

**Orthopaedics and Rheumatology**

Orthopädische Klinik I des Rheumazentrums  
Bad Abbach (Prof. Wessinghage) 1980-1982

**Anaesthesia**

Orthopädische Klinik I des Rheumazentrums  
Bad Abbach (Dr. Lutz) 1982

**Natural Medicine and General Medicine**

Joint Practice Dr. Ulf Evertz, Bad Abbach 1982- 1984

**Natural Medicine**

Akutklinik für Innere Medizin, Augsburg-Deuringen (Dr. M. Stübler,  
Dr. Kleindienst) 1984

**ADDITIONAL MEDICAL EDUCATION**

1984-1990

Akupunktur, Homöopathie, Chirotherapy, Balneotherapy

Authorization for doctors training in natural medicine  
administered by Bayerische Landesärztekammer (Official Chamber of Medical  
Doctors)

**VEDIC MEDICINE**

**Veda in Physiology:** Practical experience by Intensive training courses in the  
system of Yoga including Maharishi Mahesh Yogis Transcendental Meditation  
and TM-Siddhis-Programme 1972 - 1979

**Ayurveda – Postgraduate Study at Maharishi Vedic University, Holland**  
1984- 1998

**With specific doctors Training courses**

- Seelisberg (Switzerland), Como (Italy), Valkenburg, Surya (Netherlands),
- Schleddehausen (Germany)

- Maharishi Ayurveda **Arogyadham** Hospital, Delhi

**Pancha Karma Training Course**, Surya (Netherlands) 1993

#### TEACHERS

Dr. Ramanuja Raju, Delhi/Hyderabad; Dr. Dev Triguna, Delhi;  
Prof. Ranga Rao, Hyderabad; Asthavaidya Narayanan Mooss (MVU, Holland);  
Dr. Kasture (Panchakarma)

#### PRATICE OF AYURVEDA

**Medical director Maharishi Ayurveda Panchakarma Centre  
Regensburg** 1993-1998

**Application of Ayurveda in daily practice** 1984-Present

#### SCIENTIFIC RESEARCH and PUBLICATIONS

##### **PAPERS**

Clinical study on Meralgia paraesthetica in patients with coxarthrosis  
Orthopaedic Clinic I, Bad Abbach (Prof. Dr. D. Wessinghage) 1981

EEG, Consciousness and Transcendental Meditation 1982-1983

Different Publications about subjects in the field of Natural Medicine,  
Ayurveda, Meditation 1990-2000

##### **BOOKS**

Several Books on Ayurveda, Meditation, Gandharva Veda 1995- 2005

Editor (Schrott/Schachinger) of “Handbuch Ayurveda”, Thieme-Verlag, 2005, 2005  
A Handbook on Ayurveda for doctors and medical professions, with preface  
of the Indian Health Minister, Mrs. Panabaka Lakshmi

Editor (Schrott /Prof. Ammon) of “Ayurvedische Heilpflanzen Indiens und  
Europas- ein Vergleich“ (Wissenschaftliche Verlagsgesellschaft Stuttgart) 2007  
(in preparation)

##### **AYURVEDA HERBAL MEDICINE**

“Heilpflanzen und Präparate der ayurvedischen Medizin. Lexikon für Ärzte und  
Apotheker.” Dr. Schrott /Dr. James Duke.  
Software on 500 ayurvedic herbs and related ayurvedic preparations 2006

#### STATUS

**Co-founder of the German Association of Ayurveda** 1987  
(Deutsche Gesellschaft für Ayurveda), the German Ayurveda  
Doctors Association

**Vice-president German Association of Ayurveda** 2005-Present

**Founder and Director German Ayurveda Akademie** 2002-Present

#### AWARDS

“Ambassador of Ayurveda 2005-2006”, 2006  
Peediyakkal Medical and Charitable Trust, Kerala, India